



FORESTSIDE

DENTAL

023 8087 9088

reception@forestsidedental.co.uk

023 8087 9077

www.forestsidedp.co.uk

PRICE GUIDE

Our price guide illustrates the fees associated with different dental, cosmetic and restorative procedures. We provide a written estimate of any proposed treatment following your consultation, so you are fully informed at every step.

We take great pride in the quality of care we provide and always seek to allow ample time to ensure we offer a relaxed, enjoyable and unhurried service to our patients.

PRICES

Treatment

	Private Price	Plan Price*
New Patient Consultation	£80 [X-Rays included]	£80 [X-Rays included]
Regular Examination & mouth cancer	£60 [plus X-Rays]	Included
Emergency Appointment	£90 [plus X-Rays]	£70 [plus X-Rays]
Diagnostic Appointment	£80 [X-Rays included]	£70 [X-Rays included]

Prophylactics

PHILIPS Zoom Whitening (In Surgery)	£590	£590
PHILIPS Home Whitening	from £390	from £390
Specialist Bite Guard Hard	from £400	from £400
Specialist Bite Guard Soft	from £240	from £220
Mouthguards	from £240	from £220

Diagnostics

Small X-Ray	£17	£14
Panoral (OPG)	£85	£75
CBCT Scan (One Jaw/Arch)	£190	£190
CBCT Scan (Both Arches)	£290	£290

General Dentistry

Amalgam Filling	£140	£120
White Composite Filling (Size Dependant)	from £155	from £145
Routine Extraction	from £220	from £200
Complex Extraction	from £250	from £225
Surgical Extraction	from £290	from £260

Principal Dentist: Joanna McKenzie BOS/Poland *Deposit & Cancellation Policy applies to all appointments*

WJNJS Ltd. - Company Number - 09216646- Registered Office - Humphrey & Co Chartered Accountants - BN21 3YA

023 8087 9088

023 8087 9077

reception@forestsidedental.co.uk

forestsidedp.co.uk

Forestsides Dental Practice
Beaulieu Road
Dibden Purlieu
Southampton
SO45 4JA

TRANSFORM YOUR
SMILE
IN JUST ONE DAY

Cosmetic Dentistry

Highly Aesthetic Full Porcelain Crown	from £820	from £750
Highly Aesthetic Full Porcelain Bridge	from £820 per unit	from £750 per unit
Highly Aesthetic Porcelain Veneer	from £820	from £820
Highly Aesthetic Composite Veneer	from £450	from £400
Partial Acrylic Denture	from £700	from £600
Chrome Design Frame Denture	from £1500	from £1400
Full upper or lower denture	from £1400	from £1300
Flexi Denture	from £1480	from £1380

Dental Implants

Implant Consultation [refunded back to treatment plan on your signed agreement to proceed]	£80	£80
Implant Placement	from £1700	from £1700
Implant Crown	from £1200	from £1200
Sinus Lift with Graft	from £1000	from £1000
Bone Graft	from £600	from £600



Orthodontics

Invisalign Free Consultation	N/A	N/A
Invisalign Express (up to 7 aligners)	from £3250	from £3250
Invisalign Lite (up to 14 aligners)	from £3850	from £3850
Invisalign Full Comprehensive (unlimited aligners)	from £4500	from £4500

Endodontics

Initial Consultation (inc. X-Ray or CT Scan)	£150	£120
Incisor	from £595	from £550
Premolar	from £700	from £650
Molar	from £770	from £700
Core Build-Up	from £185	from £175
Post & Core	from £280	from £250

**Dental Plan does not include:*

-Implant Treatment / Invisalign / Cosmetic Treatment

Principal Dentist: Joanna McKenzie BOS/Poland *Deposit & Cancellation Policy applies to all appointments*

WJNJS Ltd. - Company Number - 09216646- Registered Office - Humphrey & Co Chartered Accountants - BN21 3YA



FORESTSIDE

DENTAL

CHILD PRICE GUIDE

General Dentistry

Child Consultation (below 13 years old)	£50
Includes full mouth assessment including X-Rays if required, prevention and diet advice (free if Parent is having consultation on the same day and the child is below 5 years old)	
Teen Consultation (13-17 years old)	£60
Includes full mouth assessment if required, prevention and diet advice	
Child fissure sealant 'coating'	from £70 each
Child Fillings for milk teeth	from £85 each

Hygiene

Child Hygiene (below 13 years old, 30 mins)	£60
Gum Health Assessment; Fine Scale (Full Mouth); Detailed Tailor-Made Oral Hygiene Advice and Demo	
Teen Hygiene (13-17 years old, 45 mins)	£85
Gum Health Assessment; Fine Scale & Polish (Full Mouth); Detailed Tailor-Made Oral Hygiene Advice and Demo	

Principal Dentist: Joanna McKenzie BOS/Poland *Deposit & Cancellation Policy applies to all appointments*

WJNJS Ltd. - Company Number - 09216646- Registered Office - Humphrey & Co Chartered Accountants - BN21 3YA

☎ 023 8087 9088
023 8087 9077
✉ reception@forestsidedental.co.uk
🌐 forestsidedp.co.uk

📍 Forestside Dental Practice
Beaulieu Road
Dibden Purlieu
Southampton
SO45 4JA

TRANSFORM YOUR
SMILE
IN JUST ONE DAY



FORESTSIDE DENTAL

ORAL HEALTH/HYGIENIST PRICE GUIDE

Scale & Polish

Routine Scale and Polish Appointment – up to 30 minutes	£85	£72.50
Suitable for stable maintenance patients only		
General plaque removal, de-scaling & polish		
Gum Health Assessment (periodontal charting not included)		
Personalised Oral Health Advice		

Hygiene Maintenance

Hygiene Maintenance Appointment – up to 45 minutes	£105	£92.50
Recommended for ongoing oral healthcare		
Gum Health Assessment		
Oral Health Advice including full periodontal charting		
-Pocket probing depths		
-Recession		
-Mobility		
-Furcation involvement		
-Suppuration check (discharge)		
-Plaque & Bleeding indices		
Full mouth disinfection including ultra-sonic clean, plaque removal & de-scaling		
Full mouth polish (where appropriate)		
Risk factor review– lifestyle choices advice.		
Diet discussion– how to avoid cavities without giving up indulgences		
Oral hygiene advice– tailor made home care advice to perfect your oral hygiene regime.		

Principal Dentist: Joanna McKenzie BOS/Poland *Deposit & Cancellation Policy applies to all appointments*

WJNS Ltd. - Company Number - 09216646- Registered Office - Humphrey & Co Chartered Accountants - BN21 3YA



FORESTSIDE DENTAL

EMS/GBT HYGIENIST PRICE GUIDE

THE 8 STEPS OF THE GBT PROTOCOL



01 EVALUATE EVALUATING ORAL HEALTH Examination

and diagnosis of teeth and gums help determine the right therapy for treatment efficacy and your comfort.

02 DISCLOSE MAKING THE BIOFILM VISIBLE Biofilm is

almost invisible to the naked eye. It can only be removed completely once it is made visible.

03 MOTIVATE EDUCATING AND MOTIVATING Based on

your own risk assessment, you'll find out what you need for proper oral hygiene practiced at home.

04 AIRFLOW® REMOVING BIOFILM,

DISCOLORATION AND EARLY CALCULUS EMS AIRFLOW®

technology combined with PLUS powder removes biofilm, using a gentle jet of air and warm water.

05 PERIOFLOW® REMOVING THE BIOFILM

UNDERNEATH THE GUMS PERIOFLOW® technology cleans deep periodontal pockets, gently and thoroughly.

06 PIEZON® PS REMOVING REMAINING CALCULUS

Targeted, painless and gentle removal of calculus with PIEZON® PS NO PAIN.

07 QUALITY CONTROL FINAL DIAGNOSIS Check if biofilm,

discolorations and calculus have in fact been completely removed. Diagnosis of caries.

08 NEW RECALL CLEAN TEETH = HEALTHY BODY

Schedule your next appointment

Routine Hygiene

EMS/GBT Routine Hygiene Appointment – up to 30 minutes

£95

£82.50

Suitable for stable maintenance patients only.

8 step Guided Biofilm Therapy, as seen above.

GUIDED BIOFILM THERAPY removes biofilm, discolorations and tartar.

GBT uses the proven AIRFLOW®, PERIOFLOW® and PIEZON® NO PAIN methods to remove biofilm in a minimally invasive manner.

Gum Health Assessment (periodontal charting not included) and personalised Oral Health Advice.

Extended Hygiene

EMS/GBT Extended Hygiene Appointment – up to 45 minutes

£120

£107.50

Recommended for ongoing oral healthcare, by your clinician.

8 step Guided Biofilm Therapy, as seen above.

GUIDED BIOFILM THERAPY removes biofilm, discolorations and tartar.

GBT uses the proven AIRFLOW®, PERIOFLOW® and PIEZON® NO PAIN methods to remove biofilm in a minimally invasive manner.

Oral Health Advice including full periodontal charting and tailor-made home care advice to perfect your oral hygiene regime.

May include treatment for gum disease.



Principal Dentist: Joanna McKenzie BOS/Poland *Deposit & Cancellation Policy applies to all appointments*

WJNJS Ltd. - Company Number - 09216646- Registered Office - Humphrey & Co Chartered Accountants - BN21 3YA

📞 023 8087 9088

023 8087 9077

📧 reception@forestsidedental.co.uk

🌐 forestsidedp.co.uk

📍 Forestside Dental Practice
Beaulieu Road
Dibden Purlieu
Southampton
SO45 4JA

TRANSFORM YOUR
SMILE
IN JUST ONE DAY



FORESTSIDE DENTAL

EMS/GBT HYGIENIST PRICE GUIDE

THE 8 STEPS OF THE GBT PROTOCOL



01 EVALUATE EVALUATING ORAL HEALTH Examination

and diagnosis of teeth and gums help determine the right therapy for treatment efficacy and your comfort.

02 DISCLOSE MAKING THE BIOFILM VISIBLE Biofilm is

almost invisible to the naked eye. It can only be removed completely once it is made visible.

03 MOTIVATE EDUCATING AND MOTIVATING Based on

your own risk assessment, you'll find out what you need for proper oral hygiene practiced at home.

04 AIRFLOW® REMOVING BIOFILM,

DISCOLORATION AND EARLY CALCULUS EMS AIRFLOW®

technology combined with PLUS powder removes biofilm, using a gentle jet of air and warm water.

05 PERIOFLOW® REMOVING THE BIOFILM

UNDERNEATH THE GUMS PERIOFLOW® technology cleans deep periodontal pockets, gently and thoroughly.

06 PIEZON® PS REMOVING REMAINING CALCULUS

Targeted, painless and gentle removal of calculus with PIEZON® PS NO PAIN.

07 QUALITY CONTROL FINAL DIAGNOSIS Check if biofilm,

discolorations and calculus have in fact been completely removed. Diagnosis of caries.

08 NEW RECALL CLEAN TEETH = HEALTHY BODY

Schedule your next appointment

Direct Access

Direct Access/New Patient EMS/GBT Hygiene Appointment (up to 60 minutes)

£170

8 step Guided Biofilm Therapy, as seen above.

10 point health check below & Hygiene Maintenance Appointment included:

1. Lymphatic drainage check - palpitation of lymph nodes to check for any inflammation or infection
2. TMJ - jaw check for clicking or discomfort
3. Soft tissue check - oral cancer screening
4. Dentition check - caries or worn restorations screening
5. Loss of tooth tissue (flattening of incisors; toothbrush abrasion; acidic wear)
6. Full periodontal charting
7. Plaque and Bleeding check
8. Risk factor review - lifestyle choices advice
9. Diet discussion - how to avoid cavities without giving up indulgences
10. Oral hygiene advice - personalised programme to perfect your oral hygiene regime



Principal Dentist: Joanna McKenzie BOS/Poland *Deposit & Cancellation Policy applies to all appointments*

WJNJS Ltd. - Company Number - 09216646- Registered Office - Humphrey & Co Chartered Accountants - BN21 3YA

☎ 023 8087 9088
023 8087 9077

✉ reception@forestsidedental.co.uk

🌐 forestsidedp.co.uk

📍 Forestside Dental Practice
Beaulieu Road
Dibden Purlieu
Southampton
SO45 4JA

TRANSFORM YOUR
SMILE
IN JUST ONE DAY