



FORESTSIDE

DENTAL

023 8087 9088

reception@forestsidedental.co.uk

023 8087 9077

www.forestsidedp.co.uk

PRICE GUIDE

Our price guide illustrates the fees associated with different dental, cosmetic and restorative procedures. We provide a written estimate of any proposed treatment following your consultation, so you are fully informed at every step.

We take great pride in the quality of care we provide and always seek to allow ample time to ensure we offer a relaxed, enjoyable and unhurried service to our patients.

PRICES

Treatment	Private Price	Plan Price*
New Patient Consultation	£70 [plus X-Rays]	£70 [plus X-Rays]
Regular Examination & mouth cancer	£50 [plus X-Rays]	Included
Emergency Appointment	£80 [plus X-Rays]	£70 [plus X-Rays]

Prophylactics

PHILIPS Zoom Whitening (In Surgery)	£590	£590
PHILIPS Home Whitening	from £360	from £360
Specialist Bite Guard Hard	from £300	from £300
Specialist Bite Guard Soft	from £200	from £200
Mouthguards	from £100	from £100

Diagnostics

Small X-Ray	£15	£12.75
Panoral (OPG)	£75	£65
CBCT Scan (One Jaw/Arch)	£155	£155

General Dentistry

Amalgam Filling	£105	£85
White Composite Filling (Size Dependant)	from £145	from £135
Apicectomy	from £500	from £500
Routine Extraction	from £175	from £150
Complex Extraction	from £215	from £175
Surgical Extraction	from £260	from £210

Principal Dentist: Joanna McKenzie BOS/Poland *Deposit & Cancellation Policy applies to all appointments*

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Cosmetic Dentistry

Highly Aesthetic Full Porcelain Crown	from £730	from £650
Highly Aesthetic Full Porcelain Bridge	from £680 per unit	from £610 per unit
Highly Aesthetic Porcelain Veneer	from £750	from £750
Highly Aesthetic Composite Veneer	from £375	from £375
Partial Acrylic Denture	from £600	from £545
Chrome Design Frame Denture	from £1400	from £1300
Full upper or lower denture	from £1100	from £1000
Flexi Denture	from £1350	from £1200

Dental Implants

Implant Free Consultation	N/A	N/A
Implant Placement	from £1600	from £1600
Implant Crown	from £770	from £770
Sinus Lift with Graft	from £990	from £990
Bone Graft	from £550	from £550



Orthodontics

Invisalign Free Consultation	N/A	N/A
Invisalign Express (up to 7 aligners)	from £3250	from £3250
Invisalign Lite (up to 14 aligners)	from £3850	from £3850
Invisalign Full Comprehensive (unlimited aligners)	from £4500	from £4500

Endodontics

Initial Consultation (inc. X-Ray or CT Scan)	£150	£120
Incisor	from £495	from £450
Premolar	from £600	from £550
Molar	from £770	from £700
Core Build-Up	from £165	from £165
Post & Core	from £280	from £210

**Dental Plan does not include:*

-Implant Treatment / Invisalign / Cosmetic Treatment

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CHILD PRICE GUIDE

General Dentistry

Child Consultation (below 13 years old)	£37.50
Includes full mouth assessment including X-Rays if required, prevention and diet advice (free if Parent is having consultation on the same day and the child is below 5 years old)	
Teen Consultation (13-17 years old)	£47.50
Includes full mouth assessment if required, prevention and diet advice	
Child fissure sealant 'coating'	from £40 each
Child Fillings for milk teeth	from £65 each

Hygiene

Child Hygiene (below 13 years old, 30 mins)	£50
Gum Health Assessment; Fine Scale (Full Mouth); Detailed Tailor-Made Oral Hygiene Advice and Demo	
Teen Hygiene (13-17 years old, 45 mins)	£80
Gum Health Assessment; Fine Scale & Polish (Full Mouth); Detailed Tailor-Made Oral Hygiene Advice and Demo	

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ORAL HEALTH/HYGIENIST PRICE GUIDE

Scale & Polish

Routine Scale and Polish Appointment – up to 30 minutes	£75	£62.50
Suitable for stable maintenance patients only		
General plaque removal, de-scaling & polish		
Gum Health Assessment (periodontal charting not included)		
Personalised Oral Health Advice		

Hygiene Maintenance

Hygiene Maintenance Appointment – up to 45 minutes	£95	£82.50
Recommended for ongoing oral healthcare		
Gum Health Assessment		
Oral Health Advice including full periodontal charting		
-Pocket probing depths		
-Recession		
-Mobility		
-Furcation involvement		
-Suppuration check (discharge)		
-Plaque & Bleeding indices		
Full mouth disinfection including ultra-sonic clean, plaque removal & de-scaling		
Full mouth polish (where appropriate)		
Risk factor review– lifestyle choices advice.		
Diet discussion– how to avoid cavities without giving up indulgences		
Oral hygiene advice– tailor made home care advice to perfect your oral hygiene regime.		

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ORAL HEALTH/HYGIENIST PRICE GUIDE

Laser

Laser Therapy

Laser Bacterial reduction with diolade laser after hygiene maintenance appointment

-Perio Laser Treatment per quadrant (up to 50 minutes)	£135
-Sensitivity Laser Treatment per quadrant (up to 60 minutes)	£150

Stain Removal

Airflow	£25
Supplementary charge to any of the above (subject to clinical suitability assessed by your hygienist)	

Direct Access

Direct Access/New Patient Hygiene Appointment (up to 60 minutes)	£140
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10 point health check below & Hygiene Maintenance Appointment included

1. Lymphatic drainage check - palpitation of lymph nodes to check for any inflammation or infection
2. TMJ - jaw check for clicking or discomfort
3. Soft tissue check - oral cancer screening
4. Dentition check - caries or worn restorations screening
5. Loss of tooth tissue (flattening of incisors; toothbrush abrasion; acidic wear)
6. Full periodontal charting
7. Plaque and Bleeding check
8. Risk factor review - lifestyle choices advice
9. Diet discussion - how to avoid cavities without giving up indulgences
10. Oral hygiene advice - personalised programme to perfect your oral hygiene regime

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EMS/GBT HYGIENIST PRICE GUIDE

THE 8 STEPS OF THE GBT PROTOCOL



01 EVALUATE EVALUATING ORAL HEALTH Examination

and diagnosis of teeth and gums help determine the right therapy for treatment efficacy and your comfort.

02 DISCLOSE MAKING THE BIOFILM VISIBLE Biofilm is

almost invisible to the naked eye. It can only be removed completely once it is made visible.

03 MOTIVATE EDUCATING AND MOTIVATING Based on

your own risk assessment, you'll find out what you need for proper oral hygiene practiced at home.

04 AIRFLOW® REMOVING BIOFILM,

DISCOLORATION AND EARLY CALCULUS EMS AIRFLOW®

technology combined with PLUS powder removes biofilm, using a gentle jet of air and warm water.

05 PERIOFLOW® REMOVING THE BIOFILM

UNDERNEATH THE GUMS PERIOFLOW® technology cleans deep periodontal pockets, gently and thoroughly.

06 PIEZON® PS REMOVING REMAINING CALCULUS

Targeted, painless and gentle removal of calculus with PIEZON® PS NO PAIN.

07 QUALITY CONTROL FINAL DIAGNOSIS Check if biofilm,

discolorations and calculus have in fact been completely removed. Diagnosis of caries.

08 NEW RECALL CLEAN TEETH = HEALTHY BODY

Schedule your next appointment

Routine Hygiene

EMS/GBT Routine Hygiene Appointment – up to 30 minutes

£85

£72.50

Suitable for stable maintenance patients only.

8 step Guided Biofilm Therapy, as seen above.

GUIDED BIOFILM THERAPY removes biofilm, discolorations and tartar.

GBT uses the proven AIRFLOW®, PERIOFLOW® and PIEZON® NO PAIN methods to remove biofilm in a minimally invasive manner.

Gum Health Assessment (periodontal charting not included) and personalised Oral Health Advice.

Extended Hygiene

EMS/GBT Extended Hygiene Appointment – up to 45 minutes

£110

£92.50

Recommended for ongoing oral healthcare, by your clinician.

8 step Guided Biofilm Therapy, as seen above.

GUIDED BIOFILM THERAPY removes biofilm, discolorations and tartar.

GBT uses the proven AIRFLOW®, PERIOFLOW® and PIEZON® NO PAIN methods to remove biofilm in a minimally invasive manner.

Oral Health Advice including full periodontal charting and tailor-made home care advice to perfect your oral hygiene regime.

May include treatment for gum disease.



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